

RAY OF HOPE

Westmoreland County Suicide Awareness
and Prevention Task Force is hosting the
13th Annual Suicide Awareness
& Prevention Walk on
Saturday, September 7, 2019
Twin Lakes Park ~ Lower Lake



A PROMISE OF HOPE

~ WALK REGISTRATION FORM ~

Location ~ The walk will begin at Twin Lakes Park Activity Center located on the Lower Lake/Pavilion #7. The walk course will include the upper lake (9/10 mile) and/or lower lake (1½ mile); you may choose your walk course. The walk will finish at Pavilion #7 and we welcome you to stay and enjoy post-walk refreshments.

Survivors Event

Survivor Event Check-in: 9:15 a.m. to 9:30 a.m. If you have lost a loved one to suicide, please join us for refreshments and discussion from 9:30 a.m. to 10:00 a.m. This event is open to survivors of suicide and will allow family members and friends to share memories and meet other survivors as well as personalize a remembrance item. There is no additional cost but pre-registration is required for this event. A memory wall also will be available for photos of those lost to suicide. Held in Activity Center, Lower Lake.

Registration ~ Register by mail or on the day of walk. Registration fee includes a T-shirt**, gift bag**, refreshments, chance for door prizes, and fellowship with others who walk in support of suicide awareness and prevention.

PLEASE FILL OUT ONE REGISTRATION FORM FOR EACH ATTENDEE

DAY OF WALK REGISTRATION & SIGN IN: 9:45 a.m. – 10:15 a.m.

Opening Ceremony: 10:30 a.m. ~ Walk begins immediately after

Please stay after the walk for lunch, fellowship, and prizes

Adults: \$15 until August 14th
**\$20 Aug. 15th – Sept. 6th
**\$20 Walk day registration

Children: 12 yrs. & under walk **FREE**
**Child T-shirts available--same cost as adult shirts

Adult pre-registration includes a long-sleeved T-shirt, gift bag, refreshments, and a chance to win door prizes.

****T-Shirt and gift bags are not guaranteed for registrations received after August 14th ****

All proceeds from this event go towards the Westmoreland County Suicide Awareness and Prevention Task Force to provide educational programming, purchase materials, and support Mental Health America SWPA's Survivors Group, **LOSS**.

Name:											Adult	Child	
Address:											City/State/Zip:		
Phone:											Email Address:		
Adult T-Shirt Size (circle size)	S	M	L	XL	2XL	3XL	4XL	Child T-Shirt (circle Size)	S	M	L	Amount Enclosed:	\$
I will not be participating but would like make a donation. (Make checks payable to MHA-SWPA Walk)													
I will be participating in the Survivor's Reception.													
I am walking in memory of a loved one/friend lost to suicide.													

Make checks payable to: "MHA-SWPA Walk" and mail to:
MHA-SWPA Walk, 409 Coulter Avenue, Suite 4, Greensburg, PA 15601 ~ For questions please call 724-834-6351 x 118.

Waiver: I hereby waive and release any and all claims for damages or injury I may have against the sponsors and officials of the Ray of Hope Suicide Awareness and Prevention Task Force and its members, for my participation in said event of Sept. 7, 2019 and for any and all injuries suffered. I also attest that I am physically fit and able to participate in this event, and acknowledge that photos of the event will be taken for non-promotional purposes.

Signature (Required) Parent or Guardian must sign for child:

Walk Schedule

9:15 am - 10:00 am.....Survivor's Event in Activity Center--Pre-registration Required
 9:45 am - 10:15 am.....Day of Walk Registration & Sign-in
 10:30 am.....Opening Remarks and Ceremony

After the walk, please stay and enjoy refreshments and door prizes.

Directions to Twin Lakes-Lower Lake

From Points East and West: Take Rt. 30 towards Greensburg. Turn onto Donohoe Rd. at the traffic light in front of Westmoreland Mall. From the east, this is a right turn. From the west, it is a left turn. Follow the road to the right towards the old Toys R Us store. Continue straight through a traffic light and two stop signs. Turn left after second stop sign and follow the signs to Twin Lakes Park.

From Points North and South: Take Rt. 119 to Greensburg and turn onto Rt. 30 East. Follow Rt. 30 East and turn left onto Donohoe Rd. at the traffic light in front of Westmoreland Mall. Follow the road to the right towards the Toys R Us store. Continue straight through a traffic light and two stop signs. Turn left after second stop sign and follow the signs to Twin Lakes Park.

